



**Links to 10 FREE videos, activity sheets, & more!**

## **PEDIATRICIAN & FAMILY PHYSICIAN DEVELOPMENTAL SCREENING TOOLKIT**

**Tips & Tools for Informing Families and Improving Your Screening Program**



**JOIN OUR PHYSICIAN  
ASQ EMAIL LIST for  
more tips and tools!  
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HelpMeGrow-MI.org | 877.327.5966



United Way  
for Southeastern Michigan



**A**s a primary care provider, you are the professional most likely to see a child on a regular basis. You have the opportunity to play a crucial role in identifying children at risk for developmental delays at a young age.

### How can you help?

When pediatricians complement their clinical judgment with the use of a standardized screening tool, they identify 70% to 80% of children with developmental disabilities. The percentage rises when screening is conducted at periodic intervals (rather than at a single point in time or only as problems are suspected).

### AAP Recommendations

The American Academy of Pediatrics recommends in its policy statement on screening that pediatricians and primary care providers:

- screen all infants and young children at risk for developmental delays during preventive care visits
- present the results of the screening to the family using a culturally sensitive, family-centered approach
- maintain links with community-based resources, such as early intervention, school, and other programs, and coordinate care with them
- increase parents' awareness of developmental delays and disabilities and resources for intervention

### ASQ makes it simple to incorporate screening.

Many busy practices or programs recognize the importance of screening but are held back by the perceived cost or time involved. Making use of parent-completed screening tools, like the Ages & Stages Questionnaires (ASQ-3 & ASQ:SE-2), can go a long way toward overcoming those obstacles:

- Parent reports require less professional administration time.
- They can be filled out practically anywhere.
- Research has shown them to be accurate reflections of a child's progress.

\*Sources: (1) <http://agesandstages.com/about-asq/who-uses-asq/pediatricians/>  
(2) <http://archive.brookespublishing.com/articles/ec-article-0711.htm>

# 4 benefits of implementing ASQ

Here are just a few reasons why primary care practices like yours trust the easy to use, parent-completed ASQ for their developmental screenings.

- **ASQ is parent-completed.** Since ASQ is a parent-completed tool, it makes the most of families' in-depth knowledge and helps them become active partners in the screening process.
- **ASQ is family friendly, with fun learning activities.** The ASQ system includes fun, simple, and inexpensive learning activities that parents can use at home. The activities cover the same five developmental areas screened with ASQ and help children progress in areas of concern.
- **It is culturally sensitive and appropriate.** The ASQ-3 and ASQ:SE-2 have been thoroughly reviewed for cultural sensitivity. Illustrations, wording, and examples in the questionnaires have been refined according to user feedback, so parents of diverse backgrounds can give the most accurate responses.
- **It improves partnerships with families.** ASQ makes it easy to share children's strengths with families, which helps you improve your rapport with parents. With ASQ, parents also have an easy way to learn about developmental milestones and actively encourage their child's progress.

\*Source: [agesandstages.com/about-asq/who-uses-asq/child-care-programs](http://agesandstages.com/about-asq/who-uses-asq/child-care-programs)

# Screening Resources

## FOR PHYSICIANS

### Implementing the ASQ-3 and ASQ:SE in a Busy Medical Practice Video

This video illustrates how the broad-band developmental and social-emotional screening tools, the ASQ-3 and ASQ:SE, can be administered in a busy pediatric office setting. The video highlights step-by-step office flow procedures, including a pediatrician discussing and interpreting screening results with families, and suggesting appropriate follow-up, including a referral to an Early Intervention agency. <https://www.youtube.com/watch?v=EVpts4Z6aQc>

### ASQ Tips for Pediatric Offices

Get practical tips on weaving ASQ into the workflow of a pediatric office. Includes specific roles and responsibilities for the nurse, receptionist, clinician, and other support staff. <http://archive.brookespublishing.com/articles/asq-article-1113.htm>

### Tips on Working with Families

Parents are the most valuable partner in your screening program. In this newsletter article, the ASQ co-developers share practical tips and free downloads to help you partner with families and get them on board with your screening program. <http://archive.brookespublishing.com/articles/asq-article-0513.htm>

### 10 Practical Tips for Screening Success

How can your practice successfully implement a parent-completed screening tool? This article from the Brookes Early Childhood newsletter gives you 10 key tips, plus helpful free downloads to help you get started. <http://archive.brookespublishing.com/articles/ec-article-0711.htm>

### ASQ Success Stories

ASQ is used in all 50 states and in countries around the world. Read two of the many success stories here, and discover how other programs used ASQ to improve the lives of children and families.

- Canadian Pediatric Group Uses ASQ Online <http://agesandstages.com/research-results/success-stories/canadian-pediatric-group-uses-asq-online-in-partnership-with-child-and-family-services/>
- The EDOPC Project <http://agesandstages.com/research-results/success-stories/edopc-project/>

**FIND MORE RESOURCES at**  
[www.helpmegrow-mi.org/physicians](http://www.helpmegrow-mi.org/physicians)



\*Sources: (1) [http://agesandstages.com/wp-content/uploads/2015/02/DevScreeningToolkit\\_2013.pdf](http://agesandstages.com/wp-content/uploads/2015/02/DevScreeningToolkit_2013.pdf)  
(2) <http://agesandstages.com/about-asq/who-uses-asq/pediatricians/> (3) <http://agesandstages.com/about-asq/who-uses-asq/parents/>

## FOR PARENTS

### Child Development Info Line

Help Me Grow Michigan offers a free parent helpline that connects families to early childhood programs and resources in Southeast Michigan. [Macomb County 866-462-2662](tel:866-462-2662) | [Oakland County 844-456-KIDS](tel:844-456-KIDS) | [Wayne County 734-285-4001](tel:734-285-4001)

### Developmental Milestones Checklists

With these parent-friendly checklists from the CDC, families will have a quick and easy way to check their child's progress toward important milestones and determine when to see a doctor with concerns. [http://www.cdc.gov/ncbddd/actearly/pdf/checklists/all\\_checklists.pdf](http://www.cdc.gov/ncbddd/actearly/pdf/checklists/all_checklists.pdf)

### Free Online ASQ Screening

Parents can fill out a free ASQ questionnaire to see if their child's developmental progress is on track, and results will be mailed to them within two weeks. <http://www.helpmegrow-mi.org/asq>

### Free Activity Pages

Share these fun and effective activity ideas with parents, and help them boost their child's development between screenings.

- ASQ-3 Activities <http://agesandstages.com/wp-content/uploads/2015/03/parent-activity-sheets.pdf>
- ASQ:SE-2 Activities <http://www.helpmegrow-mi.org/developmental-activities/>

### Learn and Grow Together! Activity Book

This book is designed to help parents understand and support their child's development. It provides information about stages of child development and fun activities they can do together. <http://static1.squarespace.com/static/55555daae4b0c2b7c9dadaac/t/55835f9be4b0a7f245eac3f7/1434673051318/ASQ-LearnandGrowTogetheractivities.pdf>

